

## Longmere Off Road Triathlon - Race Results

Report Number: 0003

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<u>Pos</u>	<u>Name</u>	<u>Time</u>	<u>Swim</u>	<u>Ride</u>	<u>Ride</u>	<u>Ride</u>	<u>Ride</u>	<u>Ride</u>	<u>Ride</u>	<u>Run</u>	<u>Run</u>	<u>Run</u>	<u>Run</u>
<b>Standard Male Open</b>													
1	BORNMAN, STEVEN	03:33:41	00:35:41	00:17:48	00:18:31	00:18:43	00:18:28	00:19:10	00:19:53	00:15:07	00:15:32	00:16:57	00:17:51
2	BORNMAN, RODNEY	03:42:14	00:35:42	00:19:52	00:19:50	00:19:22	00:19:19	00:19:28	00:20:53	00:15:34	00:17:03	00:18:09	00:17:02
3	HOFFMAN, BRANDON	04:12:31	00:48:06	00:18:49	00:20:00	00:22:24	00:22:24	00:22:00	00:20:08	00:19:37	00:19:13	00:20:38	00:19:12
4	VAN HEERDEN, FRANS	04:23:40	00:43:05	00:23:11	00:22:15	00:22:26	00:22:56	00:25:08	00:26:14	00:18:35	00:19:39	00:19:28	00:20:43
5	VAN HEERDEN, ANDRE	04:25:47	00:44:00	00:22:03	00:22:22	00:23:29	00:23:23	00:25:16	00:27:41	00:16:40	00:19:47	00:20:10	00:20:56
6	RAUTENBACH, ORG	04:26:42	00:52:49	00:22:12	00:21:12	00:23:54	00:21:54	00:22:35	00:24:37	00:16:40	00:20:21	00:21:54	00:18:34
7	GRAHAM, MIKE	04:35:20	00:47:05	00:25:12	00:24:59	00:25:47	00:24:15	00:26:06	00:26:15	00:17:13	00:18:59	00:19:33	00:19:56
8	MATTHEE, DIRK	03:19:25	00:46:38	00:23:25	00:23:20	00:25:28	00:24:58	00:28:26	00:27:10				
9	BAIRD, ANTHONY	01:34:33	00:32:15	00:20:19	00:20:48	00:21:11							
10	VAN NIEKERK, GUS	01:55:04	00:51:26	00:33:06	00:30:32								
11	LE ROUX, ABRAHAM	00:49:30	00:49:30										

\*Standard Male Open Participant Count: 11

**Standard Female Open**

1	VAN HEERDEN, NATIA	03:30:32	00:33:03	00:18:42	00:18:58	00:19:23	00:20:40	00:21:04	00:23:00	00:14:02	00:13:46	00:13:49	00:14:05
2	GAGIANO, CARINE	04:19:16	00:34:10	00:17:55	00:27:51	00:24:18	00:25:17	00:24:46	00:24:00	00:19:06	00:20:21	00:21:11	00:20:21

\*Standard Female Open Participant Count: 2

\*\*\*Grand Total Participant Count: 13

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Pos	Name	Time	Swim	Ride	Ride	Ride	Run	Run
<b>Sprint Male Open</b>								
1	MORTLOCK, ROGER	01:32:23	00:16:46	00:17:22	00:16:50	00:17:57	00:11:36	00:11:52
2	LIEBENBERG, REUBEN	01:44:21	00:18:05	00:19:06	00:18:41	00:20:12	00:13:16	00:15:01
3	MENTZ, FRANS-JOSEF	01:48:15	00:17:40	00:38:21	00:21:04	00:15:11	00:15:59	00:00:00
4	STEYN, GERHARD	01:56:25	00:21:04	00:20:46	00:21:45	00:23:24	00:14:57	00:14:29
5	NEL, LOUIS	02:01:13	00:21:16	00:19:47	00:19:40	00:22:17	00:19:45	00:18:28
6	DE BEER, ANDRFE	02:21:38	00:19:14	00:25:39	00:24:15	00:26:34	00:22:14	00:23:42
7	COETZEE, JACK	02:27:12	00:25:02	00:27:26	00:26:07	00:28:19	00:18:59	00:21:19
8	STEYN, JOHANN	02:41:24	00:26:17	00:28:51	00:29:57	00:30:51	00:22:23	00:23:05
9	MENTZ, FRANS	03:16:05	00:25:16	00:31:53	00:34:05	00:43:43	00:30:43	00:30:25

**\*Sprint Male Open Participant Count: 9**

Pos	Name	Time	Swim	Ride	Ride	Ride	Run	Run
<b>Sprint Female Open</b>								
1	RATNARAJAH, SARAH	02:02:37	00:22:18	00:22:42	00:21:51	00:23:16	00:16:45	00:15:45
2	MOFFETT, NICOLA	02:08:33	00:32:04	00:14:53	00:22:25	00:23:07	00:18:23	00:17:41
3	FRITZ, ILSE	02:19:12	00:21:17	00:29:25	00:28:35	00:26:17	00:17:49	00:15:49
4	VENTER, MARINDA	02:19:15	00:24:09	00:29:03	00:29:30	00:29:39	00:13:25	00:13:29
5	LOURENS, IVETTE	02:20:04	00:22:59	00:25:15	00:26:05	00:27:48	00:18:52	00:19:05
6	MCEWAN, KAREN	02:20:37	00:21:21	00:24:39	00:25:32	00:29:17	00:20:04	00:19:44
7	BAIRD, DESIREE	02:22:25	00:23:11	00:27:44	00:26:15	00:28:45	00:17:34	00:18:56
8	BUETTNER, CHRISTINA	02:22:52	00:20:50	00:27:18	00:26:30	00:27:50	00:20:31	00:19:53
9	CLARKE, MONICA	02:37:47	00:26:12	00:29:19	00:31:53	00:30:13	00:20:02	00:20:08
10	SONNEKUS, MARIKE	02:37:49	00:26:08	00:29:25	00:31:00	00:31:02	00:20:02	00:20:12
11	DE BEER, SONETTE	02:40:12	00:24:37	00:31:27	00:32:08	00:32:19	00:19:39	00:20:02
12	CRUSE, CELINE	02:42:05	00:22:43	00:28:46	00:31:37	00:34:54	00:22:28	00:21:37

**\*Sprint Female Open Participant Count: 12**

Pos	Name	Time	Swim	Ride	Ride	Ride	Run	Run
<b>Sprint Mixed Open</b>								
1	GREEN FARMS, TEAM	01:46:04	00:18:36	00:19:25	00:20:29	00:20:43	00:13:01	00:13:50
2	FIT 2 GO, TEAM	01:57:06	00:13:21	00:17:31	00:29:11	00:23:42	00:16:23	00:16:58
3	BLUE STEEL, TEAM	02:43:32	00:18:11	00:47:33	00:26:14	00:28:08	00:19:12	00:24:14

**\*Sprint Mixed Open Participant Count: 3****\*\*\*Grand Total Participant Count: 24**

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<u>Pos</u>	<u>Name</u>	<u>Time</u>	<u>Swim</u>	<u>Ride</u>	<u>Run</u>
<b>Kids Male Kids</b>					
1	NEL, DYLAN	00:32:41	00:04:18	00:19:32	00:08:51
2	WILLIAMS, THOMAS	00:33:21	00:04:09	00:19:46	00:09:26
3	JOUBERT, CONRAD	00:42:12	00:02:52	00:29:39	00:09:41
<b>*Kids Male Kids Participant Count: 3</b>					
<b>Kids Female Kids</b>					
1	VAN DER MERWE, WILMIEN	00:32:10	00:03:02	00:21:13	00:07:55
2	DE BEER, AINSLI	00:32:32	00:04:17	00:19:38	00:08:37
3	VENTER, NINA	00:33:24	00:03:56	00:23:01	00:06:27
4	DE BEER, KENDELL	00:33:30	00:03:45	00:20:14	00:09:31
5	GOELST, MIKAELA	00:33:32	00:04:01	00:22:47	00:06:44
6	LOUDON, HANNAH	00:47:34	00:05:27	00:29:46	00:12:21
7	SOUTHERN, ANDRIENNE	00:51:38	00:05:45	00:29:36	00:16:17
8	PRIOR, AMY	00:51:52	00:05:43	00:33:12	00:12:57
9	WHITE, TACHEL	00:51:54	00:05:40	00:33:13	00:13:01
10	CRUSE, RACHEL	00:55:03	00:05:47	00:36:15	00:13:01

**\*Kids Female Kids Participant Count: 10****\*\*\*Grand Total Participant Count: 13**