

Longmere Off-Road Triathlon - April 2, 2016

Standard - 1500m swim, 30km MTB, 10km Trail

Pos	Name	Gender	Age	Category	Swim	Ride	Run	Total
1	BOSMAN, WERNER	Male	29	Senior	0:45:27	1:41:50	0:51:44	3:19:01
2	RADEMEYER, IVAN	Male	26	Senior	0:44:37	2:02:40	1:33:44	4:21:01
3	NEL, MARLISE	Female	32	Senior	0:48:41	2:30:44	1:20:54	4:40:19
4	CILLIERS, KARIN	Female	41	Veteran	0:49:32			

Sprint - 750m swim, 50km MTB, 5km Trail

Pos	Name	Gender	Age	Category	Swim	Ride	Run	Total
1	MENTZ, FRANS-JOSEF	Male	16	Youth	0:18:11	0:59:34	0:26:49	1:44:34
2	LIEBENBERG, REUBEN	Male	17	Junior	0:20:51	0:56:54	0:30:50	1:48:35
3	LABUSCHAGNE, ADRIAAN	Male	45	Veteran	0:28:27	0:57:59	0:31:11	1:57:37
4	BERRY, DARRYN	Male	24	Senior	0:25:14	1:04:40	0:30:41	2:00:35
5	TRYHOUS, HENDRICK	Male	39	Sub-Veteran	0:19:03	1:10:51	0:32:51	2:02:45
6	STEYN, GERHARD	Male	58	Master	0:26:37	1:04:13	0:33:30	2:04:20
7	WILLIAMS, BERAN	Male	35	Senior	0:27:30	1:03:08	0:37:28	2:08:06
8	GRAHAM, MICHAEL	Male	31	Senior	0:24:52	1:09:22	0:35:19	2:09:33
9	BROWN, CLIVE	Male	51	Master	0:26:33	1:09:24	0:36:30	2:12:27
10	PRETORIUS, AVRIL	Female	44	Veteran	0:33:56	1:08:26	0:30:21	2:12:43
11	FIELD, TARYN	Female	34	Senior	0:25:57	1:10:22	0:40:23	2:16:42
12	VAN DER MERWE, RIAAN	Male	31	Senior	0:31:00	1:12:46	0:34:13	2:17:59
13	MATTHEE, DIRK	Male	31	Senior	0:31:02	1:12:45	0:36:13	2:20:00
14	DE VILLIERS, PIERRE	Male	26	Senior	0:32:32	1:13:27	0:34:26	2:20:25
15	MARTIN, ANDREW	Male	47	Veteran	0:35:00	1:13:21	0:35:13	2:23:34
16	WILLEMSE, DANIE	Male	31	Senior	1:43:57	0:04:24	0:36:10	2:24:31
17	GREEN, DONNE	Female	34	Senior	0:25:12	1:23:09	0:36:28	2:24:49
18	CLARK, KERRY-ANNE	Female	35	Senior	0:36:51	1:17:03	0:33:57	2:27:51
19	VICTOR, NEVILLE	Male	57	Master	0:28:32	1:10:13	0:52:16	2:31:01
20	VAN NIEKERK, NELIZA	Female	29	Senior	0:32:58	1:19:40	0:39:10	2:31:48
21	SCHOEMAN, HENK	Male	57	Master	0:28:50	1:18:12	0:45:36	2:32:38
22	VAN DER MERWE, ELSABE	Female	31	Senior	0:33:07	1:24:01	0:41:16	2:38:24
23	VAN ECK, LOUIS	Male	36	Sub-Veteran	0:35:17	1:24:05	0:42:08	2:41:30
24	NEL, PAUL	Male	55	Master	0:33:51	1:11:04	0:56:58	2:41:53
25	PRETORIUS, WERNER	Male	33	Senior	0:28:23	1:31:01	0:43:20	2:42:44
26	SCHUTTE, STIAN	Male	26	Senior	0:32:54	1:26:33	0:43:31	2:42:58
27	MENTZ, FRANS	Male	43	Veteran	0:27:01	1:32:33	0:51:07	2:50:41
28	ROBERTSON, KEITH	Male	55	Master	2:10:35	0:00:00	0:47:58	2:58:33
29	ROBERTSON, JENNY	Female	53	Master	0:30:41	1:38:59	0:48:56	2:58:36
30	DE WINNAAR, DBEN	Male	41	Veteran	0:30:37	1:38:04	0:50:41	2:59:22
31	ESTERHUIZEN, ANNALI	Female	35	Senior	0:28:20	1:49:41	0:49:23	3:07:24
32	POOL, JULIE	Female	32	Senior	0:28:37	1:52:05	0:47:45	3:08:27
33	GULL, MARYNA	Female	35	Senior	0:35:36	1:55:27	0:47:27	3:18:30
34	D VILLIERS, LIZANNE	Female	26	Senior	0:29:20			DNF
35	JOUBERT, NICKY	Male	26	Senior	0:28:43			DNF

Estimate

Longmere Off-Road Triathlon - April 2, 2016

Lite - 100m swim, 5km MTB, 2.5km Trail

Pos	Name	Gender	Age	Category	Swim	Ride	Run	Total
1	MOLLER, ZANKE	Male	11	Sprog	0:03:45	0:23:54	0:15:22	0:43:01
2	CLARKE, JOSHUA	Male	12	Youth	0:02:22	0:22:54	0:17:47	0:43:03
3	WILLIAMS, THOMAS	Male	10	Sprog	0:03:26	0:25:00	0:15:09	0:43:35
4	FERREIRA, ISABELLE	Female	10	Sprog	0:04:00	0:29:45	0:17:38	0:51:23
5	VAN DER MERWE, WILMIEN	Female	11	Sprog	0:03:24	0:27:38	0:23:52	0:54:54
6	ESTERHUIZEN, ETHAN	Male	8	Nipper	0:03:28	0:27:24	0:24:06	0:54:58
7	TRYHOU, SAMUEL	Male	7	Nipper	0:05:00	0:33:35	0:21:28	1:00:03
8	CILLIERS, JEAN-ARNO	Male	9	Nipper	0:04:34	0:30:41	0:24:53	1:00:08
9	REYNIERSE, MATTHEW	Male	9	Nipper	0:03:34	0:30:48	0:27:10	1:01:32
10	PRETRIOUS, CHAYLA	Female	9	Nipper	0:04:11	0:43:38	0:34:03	1:21:52
11	CLARK, SOPHIA	Female	9	Nipper	0:03:56	0:43:55	0:34:03	1:21:54
12	VILJOEN, MIA	Female	12	Youth	0:03:21	0:30:08		DNF

Longmere Off-Road Triathlon - April 2, 2016

Sprint Team - 750m swim, 50km MTB, 5km Trail

Pos	Name	Gender	Age	Category	Swim	Ride	Run	Total
1	TRI HARDER, TEAM	Team		Open	0:20:34	0:48:46	0:23:01	1:32:21
2	BARBERTON CLOWNS, TEAM	Team		Open	0:19:42	0:56:05	0:36:02	1:51:49
3	GOGO, TEAM	Team		Open	0:25:49	1:05:16	0:31:25	2:02:30
4	PAQUET, TEAM	Team		Open	0:26:48	1:07:11	0:29:36	2:03:35
5	KT, TEAM	Team		Open	0:24:13	1:06:54	0:38:11	2:09:18
6	TNC, TEAM	Team		Open	0:28:53	1:06:24	0:38:39	2:13:56
7	LOSLAPPIES, TEAM	Team		Open	0:26:15	1:16:39	0:31:24	2:14:18
8	TRI EVEN HARDER, TEAM	Team		Open	0:24:44	1:23:19	0:36:36	2:24:39