

The Rest Trail - Race Results

Report Number: 0002

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<u>Pos</u>	<u>Name</u>	<u>Gender</u>	<u>Cat</u>	<u>Race#</u>	<u>Time</u>
5km Trail Male Open					
1	BOERS, JAYTEE	Male	Open	983	00:23:02
2	BURNETT, ALLAN	Male	Open	946	00:26:00
3	TAYLOR, CHAZ	Male	Open	933	00:26:08
4	MACDONALD, KYLE	Male	Open	997	00:28:42
12	BERRY, EDWARD	Male	Open	381	00:33:11
14	BURGER, CHRISTIAAN	Male	Open	390	00:35:08
15	GIBSON, MICHAEL	Male	Open	425	00:35:10
20	KHAN, MICAIEL	Male	Open	441	00:35:54
21	VAN DER MERWE, REESE	Male	Open	472	00:35:57
23	PRINSLOO, HEINRICH	Male	Open	428	00:36:15
24	PRINSLOO, JANNIE	Male	Open	468	00:36:19
26	KAHN, RUYARD	Male	Open	376	00:37:05
28	VENTER, MAARTEN	Male	Open	994	00:37:32
29	HENNING, MALCOLM	Male	Open	352	00:37:56
32	MYBURGH, ALWYN	Male	Open	451	00:39:16
34	JANSE VAN VUREN, CAREL	Male	Open	969	00:40:27
49	MORGAN, STORM	Male	Open	389	00:45:22
54	SNYMAN, LUBNAAB	Male	Open	985	00:46:02
56	BURGER, TIAAN	Male	Open	391	00:46:18
60	MOOLA, IRSHAAD	Male	Open	442	00:47:36
62	MIDDEL, PIET	Male	Open	478	00:48:08
64	VERSTER, MARCEL	Male	Open	932	00:48:26
65	SEBASTIAN, ANGELO	Male	Open	964	00:48:28
79	PATERSON, GLEN	Male	Open	493	00:50:06
82	VAN DER MERWE, LIAN	Male	Open	471	00:51:28
85	STEWART, GREAME	Male	Open	371	00:52:07
88	PILLAY, RANDAL	Male	Open	379	00:52:39
89	MORGAN, WARREN	Male	Open	386	00:52:41
90	ERASMUS, ANDRIES	Male	Open	484	00:52:43
95	HARMSE, JUAN	Male	Open	490	00:53:45
107	SCHUTTE, DEWALD	Male	Open	477	00:59:38
109	MALAN, ULRICH	Male	Open	974	01:00:58
113	KLEMENT, RUDI	Male	Open	437	01:01:37
117	KILLIAN, ROLAND	Male	Open	481	01:03:21
121	DU PREEZ, FLIP	Male	Open	454	01:07:09
122	TERBLANCHE, ETIENNE	Male	Open	474	01:08:56
123	VAN DER MERWE, GERHARD	Male	Open	465	01:09:10
127	BOUWER, LEON	Male	Open	355	01:10:14
128	BATES, ALEC	Male	Open	353	01:10:15
133	GEYSER, JOHAN	Male	Open	999	01:13:42
134	PAPPAS, DENIS	Male	Open	971	01:14:08
150	NKOSI, RULANI	Male	Open	988	01:30:49
	EICHOFF, MARTIN	Male	Open	358	DNF
	KHAN, JEHANBIR	Male	Open	439	DNF

5km Trail Female Open

5	BUCHNER, ELRI	Female	Open	9999	00:29:21
6	MIDDEL-BOVEE, CHANTAL	Female	Open	445	00:30:28
7	BERRY, JESSICA	Female	Open	384	00:30:30
8	CRONJE, NICOLA	Female	Open	385	00:30:32
9	HEPE, CHANEL	Female	Open	427	00:32:57
10	BERRY, KRISTEN	Female	Open	383	00:33:08
11	BERRY, RUCHELLE	Female	Open	382	00:33:10
13	MALOKA, OROTILE	Female	Open	409	00:34:58
16	DE KLERK, RINIE	Female	Open	431	00:35:19
17	MATHESON, MICHELLE	Female	Open	423	00:35:32
18	MANDERS, JENEEN	Female	Open	438	00:35:35
19	RAS, CARLA	Female	Open	430	00:35:36
22	DU PREEZ, INA	Female	Open	433	00:36:07

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<u>Pos</u>	<u>Name</u>	<u>Gender</u>	<u>Cat</u>	<u>Race#</u>	<u>Time</u>
5km Trail Female Open					
25	FOUCHE, JACKIE	Female	Open	380	00:36:27
27	PFITZER, SILKE	Female	Open	424	00:37:20
30	OELOFSE, CARLA	Female	Open	936	00:38:03
31	FLISCHMAN, TANYA	Female	Open	450	00:38:11
33	DE JONG, NICOLENE	Female	Open	945	00:40:26
35	ADAM, STELLA	Female	Open	435	00:40:29
36	TAYLOR, ADELE	Female	Open	487	00:40:31
37	HENNING, ADELE	Female	Open	351	00:40:48
38	MINNAAR, DALENE	Female	Open	995	00:40:50
39	KILLIAN, MARISKA	Female	Open	482	00:40:56
40	RENAUD, LAUREN	Female	Open	422	00:42:14
41	BARTIE, ELIZABETH	Female	Open	996	00:42:15
42	MERRYWEATHER, NICOLE	Female	Open	963	00:42:46
43	ALLART, JACKY	Female	Open	992	00:42:47
44	DUMAS, EMILIE	Female	Open	962	00:43:03
45	HEALY, JACKY	Female	Open	392	00:44:17
46	OBERHOLZER, JANE	Female	Open	374	00:44:21
47	VAN DEN BERG, INA	Female	Open	419	00:45:09
48	SEBASTIAN, LIA	Female	Open	967	00:45:20
50	HEPE, MARTIN	Female	Open	467	00:45:40
51	HEPE, ANJE	Female	Open	426	00:45:41
52	ELS, ELMAY	Female	Open	492	00:45:53
53	LINDEQUE, TANYA	Female	Open	491	00:45:55
55	DU PLESSIS, NOELENE	Female	Open	457	00:46:17
57	HASLAM, JENNI	Female	Open	443	00:46:37
58	KULPERT, JANIE	Female	Open	444	00:46:38
59	MOOLLA, NOERIEN	Female	Open	440	00:47:35
61	BUTLER, BEATE	Female	Open	434	00:47:38
63	MIDDEL, DONNE	Female	Open	449	00:48:12
66	BLOM, KAROLINA	Female	Open	413	00:48:37
67	DUPPER, KRISTY	Female	Open	412	00:48:39
68	CACHALIA, ASMA	Female	Open	375	00:48:59
69	, ANIKA	Female	Open	934	00:49:05
70	HINRICHSEN, VANESSA	Female	Open	395	00:49:07
71	WILLIAMS, WENDY	Female	Open	463	00:49:16
72	MOKAWANE, ELISHA	Female	Open	455	00:49:19
73	INGS, LESLEY	Female	Open	937	00:49:23
74	SAMBO, NTOMBIFUTHI	Female	Open	448	00:49:39
75	MADUNSELA, THOBILE	Female	Open	479	00:49:53
76	MKHATSHWA, QOPHNLWAZI	Female	Open	480	00:49:55
77	JOOMA, SAMEELA	Female	Open	499	00:50:01
78	PATTERSON, HELEN	Female	Open	494	00:50:05
80	SEBASTIAN, KAREN	Female	Open	965	00:50:55
81	BURGER, LEONE	Female	Open	394	00:51:06
83	VAN DER MERWE, TISH	Female	Open	470	00:51:30
84	BURGER, RIA	Female	Open	393	00:51:38
86	STEWART, LIANA	Female	Open	373	00:52:09
87	CRIX, CHANE	Female	Open	498	00:52:22
91	ERASMUS, BELINDA	Female	Open	483	00:52:46
92	PHATHWA, MBULELO	Female	Open	407	00:53:27
93	FOURIE, INETTE	Female	Open	466	00:53:29
94	HARMSE, JUANMARI	Female	Open	462	00:53:43
96	MAJECHA, TANAKA	Female	Open	989	00:54:17
97	NYATHI, GUGU	Female	Open	990	00:54:19
98	MORGAN, ZINIDINE	Female	Open	388	00:55:45
99	DE KLERK, ANASTASIA	Female	Open	414	00:56:17
100	TAYLOR, VIKTORIYA	Female	Open	415	00:56:19
101	VAN WYK, LOUISA	Female	Open	396	00:57:59
102	DU TOIT, MARLENE	Female	Open	447	00:58:45

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<u>Pos</u>	<u>Name</u>	<u>Gender</u>	<u>Cat</u>	<u>Race#</u>	<u>Time</u>
5km Trail Female Open					
103	DE BEER, TARIEN	Female	Open	281	00:59:08
104	SEBASTIAN, RAYNE	Female	Open	966	00:59:12
105	PILLAY, CHENILLE	Female	Open	377	00:59:15
106	DE LANGE, LIZELLE	Female	Open	429	00:59:34
108	MOHAMMED, SHAHEEDAH	Female	Open	986	01:00:52
110	NEL, EULIZE	Female	Open	432	01:01:03
111	FITTE, AGUSTINA	Female	Open	453	01:01:17
112	OOSTHUIZEN, LOUISE	Female	Open	436	01:01:35
114	VAN RENSBURG, CHARLOTTE	Female	Open	456	01:01:55
115	SCHOEMAN, LIZELLE	Female	Open	473	01:01:56
116	VILJOEN, MONICA	Female	Open	421	01:03:13
118	VILJOEN, NIKI	Female	Open	420	01:03:31
119	MALAN, YVETTE	Female	Open	975	01:03:33
120	MASHILE, LERATO	Female	Open	981	01:03:41
124	KOTZE, JANA	Female	Open	399	01:09:16
125	VAN TONDER, JANETTE	Female	Open	400	01:09:20
126	VAN DER MERWE, COLETTE	Female	Open	464	01:09:23
129	PILLAY, MILLICENT	Female	Open	378	01:10:54
130	MORGAN, CARMEN	Female	Open	387	01:10:56
131	MOYANE, LONDINE	Female	Open	458	01:11:25
132	BULWANA, LUBANZI	Female	Open	459	01:11:31
135	PAPPAS, NATALIE	Female	Open	972	01:14:10
136	SHILUBEN, BELISE	Female	Open	973	01:14:36
137	BEKKER, RENE	Female	Open	397	01:16:09
138	TERABLANCHE, ADEL	Female	Open	982	01:18:32
139	GEYSER, WENDY	Female	Open	998	01:18:45
140	MALOKA, PHUMI	Female	Open	411	01:18:50
141	MALOKA, ZAPU	Female	Open	410	01:19:07
142	MALOKA, PUSO	Female	Open	406	01:19:27
143	MASHABA, FAREEDA	Female	Open	991	01:20:36
144	BEKKER, KRIEKIE	Female	Open	398	01:22:47
145	VAN DER MERWE, LINDIE	Female	Open	488	01:22:49
146	NKOSI, SAKHILE	Female	Open	970	01:25:49
147	MANANA, CHARMAINE	Female	Open	408	01:28:27
148	PHATHWA, MOIRA	Female	Open	461	01:29:18
149	MTHINSI, THANDEKA	Female	Open	460	01:29:48
	SCHEUER, LEE-ANNE	Female	Open	357	DNF
	PILSON, ALUNDA	Female	Open	372	DNF
	STEYN, MAROCHELLE	Female	Open	401	DNF
	PRICE, CHANTAL	Female	Open	403	DNF
	DA-COSTA, BARBARA	Female	Open	404	DNF
	MALCKA, IRENE	Female	Open	405	DNF
	DE LANGE, LIZELLE	Female	Open	418	DNF
	MOLETSANE, ELLEN	Female	Open	452	DNF
	DE ALMEIDA, SIMONE	Female	Open	476	DNF

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<u>Pos</u>	<u>Name</u>	<u>Gender</u>	<u>Cat</u>	<u>Race#</u>	<u>Time</u>
10km Trail Male Open					
1	SEHOLHE, FOLAVIO	Male	Open	264	00:45:29
2	NDLOVU, PRINCE	Male	Open	261	00:45:46
3	VAN HEERDEN, ANDREAS	Male	Open	211	00:47:45
4	LUBISI, LUCKY	Male	Open	197	00:48:39
5	SHOGWE, TIMMY	Male	Open	198	00:57:50
6	MKHATSHWA, MBUSO	Male	Open	193	00:57:58
7	KENNET, BENJAMIN	Male	Open	210	01:00:13
8	KRIEK, HENNIE	Male	Open	150	01:00:51
9	VAN WYK, SEAN	Male	Open	251	01:02:02
10	MALAN, CORNEL	Male	Open	221	01:02:49
11	LUBISI, INNOCENT	Male	Open	195	01:03:11
12	SITHOLE, SIMON	Male	Open	196	01:03:15
13	BENSON, HANNES	Male	Open	263	01:04:39
14	FAKUDE, SYGNEY	Male	Open	194	01:08:05
15	FLISCHMAN, TIELMAN	Male	Open	213	01:09:53
17	MAHLALELA, SKHUMBUZO	Male	Open	274	01:10:03
20	HYMAN, HANNO	Male	Open	304	01:13:27
21	SLIEP, QUINTUS	Male	Open	234	01:13:30
24	VAN DER MERWE, GLEN	Male	Open	155	01:14:01
25	DE KLERK, ROELOF	Male	Open	223	01:14:21
26	PAKENDORF, WERNER	Male	Open	174	01:15:18
27	DU PLESSIS, BENNIE	Male	Open	230	01:15:37
28	MATTHEE, DIRK	Male	Open	252	01:16:57
29	SCHOEMAN, SCHALK	Male	Open	246	01:19:22
30	DU PLESSIS, HJ	Male	Open	232	01:19:49
32	MUNRO, WARREN	Male	Open	237	01:20:07
40	MCJANNET, ROB	Male	Open	152	01:23:38
41	RADFORD, PHILIP	Male	Open	286	01:23:42
42	KOK, FRANCOIS	Male	Open	233	01:23:46
43	MAIMELA, LLOYD	Male	Open	262	01:25:14
44	VAN DER WALT, ARMIN	Male	Open	301	01:25:31
47	STEYN, JOHAN	Male	Open	298	01:25:57
49	TOBIAS, MARTIN	Male	Open	300	01:26:02
50	TILLEY, BRAD	Male	Open	288	01:26:20
55	RENAUD, LLEWELLYN	Male	Open	202	01:27:07
56	RENAUD, BYRON	Male	Open	175	01:28:26
58	COETZEE, STOFFEL	Male	Open	254	01:29:17
67	MOSEKLAKGOMO, ROBERT	Male	Open	306	01:32:49
68	VIANELLO, ANDRE	Male	Open	238	01:32:53
69	MOKOENA, WALTER	Male	Open	290	01:33:12
72	KRUGER, MARIUS	Male	Open	180	01:33:31
74	JAMES PENNELL LUSHABA,	Male	Open	294	01:34:20
76	NEUHOFF, FRANCOIS	Male	Open	184	01:35:27
77	BEKKER, RENIER	Male	Open	192	01:35:35
79	PARKER, JAN	Male	Open	191	01:36:10
80	LOUIS RAS, JAN	Male	Open	203	01:36:12
81	LAMPRECHT, COENIE	Male	Open	259	01:36:47
82	OELOFSE, ALBERT	Male	Open	935	01:37:39
83	RESSA, RICKY	Male	Open	183	01:37:41
86	SCHUTTE, PHILLIP	Male	Open	272	01:39:47
89	MOLETSANE, PHEMELO	Male	Open	224	01:43:43
90	KHAN, J	Male	Open	205	01:43:47
92	MAMBANA, THEMBA	Male	Open	154	01:44:08
96	HANSRAJ, KIRAN	Male	Open	219	01:45:29
97	MARX, BAREND	Male	Open	247	01:45:42
98	LOOCK, HENNIE	Male	Open	250	01:45:54
103	COMBRINCK, RUDOLPH	Male	Open	199	01:53:33
116	VAN VUUREN, SIDNEY	Male	Open	256	02:06:29
128	SIBIYA, LEONARD	Male	Open	153	02:22:51

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<u>Pos</u>	<u>Name</u>	<u>Gender</u>	<u>Cat</u>	<u>Race#</u>	<u>Time</u>
10km Trail Female Open					
16	VAN DER WALT, ELJANA	Female	Open	287	01:09:55
18	BASSON, HANLE	Female	Open	228	01:10:33
19	CILLIERS, ANICA	Female	Open	204	01:13:03
22	SLIEP, ELMARIE	Female	Open	241	01:13:32
23	NENZHELELE, MOLEBOHENG	Female	Open	276	01:13:52
31	LABUSCHAGNE, PIERETTE	Female	Open	212	01:19:57
33	OBERHOLZER, DELEEN	Female	Open	181	01:21:12
34	CULLEN, CANLE	Female	Open	239	01:21:32
35	LOURENS, LANI	Female	Open	218	01:21:50
36	SMALL, CORENE	Female	Open	209	01:22:16
37	COMBRINK, MELISSA	Female	Open	277	01:22:21
38	, BERTNA	Female	Open	938	01:22:30
39	SHABANGU, MENELISA	Female	Open	260	01:23:17
45	VAN DER MERWE, MICHELLE	Female	Open	157	01:25:39
46	WILLEMSE, SALOMIE	Female	Open	190	01:25:56
48	VAN ZYL, LEANDRA	Female	Open	216	01:25:59
51	BASSON, WILMIE	Female	Open	280	01:26:55
52	DE VILLIERS, MILA	Female	Open	279	01:26:57
53	NKOSI, VIVIAN	Female	Open	987	01:27:00
54	NDLOVU, NOMSHADO	Female	Open	446	01:27:04
57	COETZEE, LIZELLE	Female	Open	253	01:28:48
59	STEYN, MAROCHELLE	Female	Open	235	01:29:30
60	MKHATSWA, PATRICIAH	Female	Open	275	01:29:32
61	VORSTER, HILDA	Female	Open	283	01:29:37
62	VAN BREDA, CARLA	Female	Open	103	01:30:34
63	CREMER, MICHELLE	Female	Open	178	01:32:05
64	JOOSTE, MANDE	Female	Open	217	01:32:06
65	MACDONALD, ILZE	Female	Open	285	01:32:27
66	LE ROUX, MARI	Female	Open	282	01:32:29
70	PIENAAR, SALOME	Female	Open	156	01:33:26
71	OOSTHUIZEN, LOUWDINE	Female	Open	214	01:33:27
73	KOTZE, CAROLINE	Female	Open	243	01:33:55
75	SWART, ELNA	Female	Open	271	01:35:02
78	AYLWARD, LIEZL	Female	Open	269	01:35:51
84	KUSCHE, SUSAN	Female	Open	289	01:39:29
85	REINERS, BONITA	Female	Open	236	01:39:39
87	DA COSTA, BARBARA	Female	Open	225	01:39:55
88	PINKER, ZANELL	Female	Open	229	01:41:23
91	HERBST-DICKENS, LYNDALL	Female	Open	177	01:43:48
93	RENAUD, KAREN	Female	Open	176	01:44:31
94	THELEDI, SPHIWO	Female	Open	305	01:44:48
95	DE KLERK, MONIQUE	Female	Open	299	01:45:21
99	MOLLER, ILANA	Female	Open	222	01:46:39
100	SHIBA, CORREENE	Female	Open	266	01:48:09
101	PRICE, CHANTAL	Female	Open	268	01:50:10
102	HAMMOND, PAM	Female	Open	248	01:53:30
104	COMBRINCK, AMANOLA	Female	Open	200	01:53:34
105	MARX, JACKLYN	Female	Open	245	01:54:33
106	NYAKANE, DRIEKA	Female	Open	226	01:57:45
107	CHANCE, ELLA	Female	Open	227	01:57:47
108	MATTHEUS, SANETTE	Female	Open	220	02:00:34
109	LOTTER, CHENE	Female	Open	267	02:00:39
110	KATTWASSER, CLARISSA	Female	Open	249	02:02:32
111	JANSEN VAN VUUREN, LEANDRI	Female	Open	257	02:03:21
112	JANSEN VAN VUUREN, KARLA	Female	Open	258	02:04:55
113	BEZUIDENHOUT, MARELIZE	Female	Open	278	02:05:00
114	DE LANGE, CLAIRE	Female	Open	207	02:05:07
115	JANSEN VAN VUUREN, INGRID	Female	Open	255	02:06:28

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<u>Pos</u>	<u>Name</u>	<u>Gender</u>	<u>Cat</u>	<u>Race#</u>	<u>Time</u>
10km Trail Female Open					
117	ANTONIO, ALDINA	Female	Open	295	02:06:31
118	AVERY, JENIFER	Female	Open	1	02:07:18
119	HOGG, SANDRA	Female	Open	240	02:07:19
120	PRETORIUS, MELANIE	Female	Open	402	02:07:52
121	MFOTSENE, MOFHABO	Female	Open	291	02:08:56
122	ESTERHUYSEN, CHARLENE	Female	Open	206	02:11:49
123	BOTHA, FERNICE	Female	Open	208	02:11:58
124	GAMA, SIBONGILE	Female	Open	302	02:14:16
125	MTLOMBOTLIE, SOMAHLE	Female	Open	273	02:15:04
126	JOOMA, SHAI DA	Female	Open	500	02:21:13
127	JONES, RACHEL	Female	Open	215	02:21:14
129	BARWISE, MARIZANNE	Female	Open	297	02:28:00
130	GEBHARDT, JOLANIE	Female	Open	296	02:28:01
131	BOUWER, ADEL	Female	Open	189	02:30:26
132	NEUHOFF, ELCHE	Female	Open	186	02:37:22
133	BATES, LUCINDA	Female	Open	188	02:37:45
134	MOOSA, RINKY	Female	Open	244	02:53:11
135	KGOTSE, TEBOGO	Female	Open	293	02:53:13
	JULIUS, ELRAYE	Female	Open	182	DNF

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<u>Pos</u>	<u>Name</u>	<u>Gender</u>	<u>Cat</u>	<u>Race#</u>	<u>Time</u>
21km Trail Male Open					
1	VAN HEERDEN, JOHARDT	Male	Open	90	01:37:03
2	MAKHUBELA, FREEDOM	Male	Open	92	01:40:54
3	NKOSI, BHEKI	Male	Open	93	02:01:11
4	INNES, RYAN	Male	Open	86	02:04:54
5	NORMAN, PAUL	Male	Open	88	02:11:31
6	KRITZINGER, LAURENS	Male	Open	99	02:11:32
7	MTSHALI, CYPRIAN	Male	Open	74	02:15:04
8	MAREE, KOBUS	Male	Open	21	02:15:07
9	VAN BREDA, JASON	Male	Open	104	02:17:56
11	HEALY, JETHRO	Male	Open	23	02:25:23
12	HINDRICHSEN, TYRONE	Male	Open	22	02:30:43
13	NKUNDUANE, SEAN	Male	Open	101	02:32:42
14	VAN SCHALKWYK, NICO	Male	Open	78	02:33:25
15	EKSTEEN, JOHAN	Male	Open	87	02:35:40
16	MONDLANE, THOMAS	Male	Open	100	02:36:26
17	, ELIPHAS	Male	Open	95	02:36:28
19	HANEKOM, JURGENS	Male	Open	73	02:37:11
20	WILKE, FRED	Male	Open	98	02:41:54
24	MEYER, CHRISTO	Male	Open	28	02:43:57
25	BROWN, WILLIAM	Male	Open	97	02:45:12
31	CHILOANE, OUMA	Male	Open	72	03:01:26
32	MULUMYO, THEMBA	Male	Open	81	03:03:48
34	MALAN, NEELS	Male	Open	83	03:05:11
35	SMIT, ANTON	Male	Open	82	03:06:55
36	DU TOIT, MALAN	Male	Open	25	03:10:45
37	SCHEEPERS, NELIUS	Male	Open	24	03:10:46
38	LEKOBA, MOFFAT	Male	Open	94	03:10:52
40	VAN NIEKERK, COBUS	Male	Open	79	03:15:15
43	LOUWRENS, RUDI	Male	Open	6	03:22:05
45	KHALISHWAYO, THEMBELA	Male	Open	96	03:45:47
47	DU PLESSIS, PIERRE	Male	Open	20	04:04:38
21km Trail Female Open					
10	DE BEER, ELSA	Female	Open	84	02:18:07
18	BOEZAART, ELDORET	Female	Open	89	02:36:31
21	BADENHORST, ALEXIS	Female	Open	3	02:42:07
22	COETZEE, CHERIL	Female	Open	26	02:42:36
23	MEYER, MARLE	Female	Open	29	02:42:38
26	MAIN, LIZA	Female	Open	80	02:52:54
27	SMIT, ADELE	Female	Open	91	02:52:55
28	CILLIERS, KARIN	Female	Open	5	02:53:48
29	BUCKINGHAM, PETRO	Female	Open	27	02:55:14
30	LOOCK, MARIET	Female	Open	85	03:00:01
33	HLATSHWAYO, ANTONETTE	Female	Open	77	03:03:54
39	ETSEBETH, STEFA	Female	Open	18	03:11:40
41	KOEN, ANIN	Female	Open	4	03:17:11
42	JACKAMAN, MONICA	Female	Open	19	03:22:01
44	LOUWRENS, IVETTE	Female	Open	7	03:22:17
46	ERWEE, HELEEN	Female	Open	2	03:50:18
48	NEUHOFF, AMERIE	Female	Open	185	04:04:44
	VAN RENSBURG, CARLYN	Female	Open	201	DNF

The Rest Trail - Race Results

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<u>Pos</u>	<u>Name</u>	<u>Gender</u>	<u>Cat</u>	<u>Race#</u>	<u>Time</u>
Misdirected Male Open					
1	DU PLESSIS, TJAARD	Male	Open	231	00:28:40
2	PIEK, WARWICK	Male	Open	179	00:29:06
3	FEREIRRA, JOSE	Male	Open	270	00:29:12
4	ABETTI, BRUNO	Male	Open	303	00:29:41
5	TAYLOR, ROGER	Male	Open	265	00:29:46
6	MEYER, DEWALD	Male	Open	292	00:29:48
7	MATHEBULA, GIYANE	Male	Open	151	00:30:08
8	MASHEGO, AMOS	Male	Open	187	00:32:15
Misdirected Female Open					
9	VORSTER, ELINDA	Female	Open	284	00:38:10
10	COPE, NATASCHA	Female	Open	307	01:17:11

***Grand Total Participant Count: 356