

Fit to Go Trail - Race Results

Report Number: 0002

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<u>Pos</u>	<u>Name</u>	<u>Gender</u>	<u>Age</u>	<u>Cat</u>	<u>Race#</u>	<u>Time</u>
5km Trail Male Junior						
1	VAN WYK, SEAN	Male	13	Junior	138	00:24:18
5km Trail Male Senior						
2	MOSHEGO, NICLOLAS	Male	32	Senior	56	00:24:21
3	LISTON, KEITH	Male	28	Senior	154	00:27:11
5	SCORGIE, ROSS	Male	38	Senior	179	00:32:43
7	VENTER, JURIE	Male	40	Senior	121	00:38:24
9	VAN DER WALT, ARMAND	Male	27	Senior	79	00:42:19
11	ENGELBRECHT, BUKS	Male	45	Senior	104	00:52:39
17	SNYMAN, LOUIS	Male	64	Senior	73	00:58:27
23	DONALDSON, IAN	Male	73	Senior	95	01:03:18
5km Trail Female Junior						
27	BEZUIDENOUT, MELISA	Female	14	Junior	42	01:14:24
28	VENTER, CARMEN	Female	15	Junior	153	01:14:26
5km Trail Female Senior						
4	SCORGIE, GILL	Female	38	Senior	40	00:32:40
6	PATON, SHAN	Female	34	Senior	15	00:34:31
8	DE VILLIERS, ESTELLE	Female	52	Senior	29	00:38:58
10	OLKERS, NICOLENE	Female	52	Senior	114	00:43:53
12	ENGELBRECHT, LAURELL	Female	42	Senior	124	00:56:06
13	MOSELAKGOMO, PRETTY	Female	39	Senior	401	00:56:54
14	SELAULA, MELLISIWE	Female	25	Senior	19	00:57:03
15	PATON, FRIEDA	Female	64	Senior	167	00:57:33
16	SNYMAN, CRISTEL	Female	29	Senior	174	00:58:24
18	MOKOENA, TSHEPO	Female	42	Senior	53	00:59:33
19	MDLULI, LINDI	Female	38	Senior	171	00:59:34
20	MATHELEMUSA, KHANYI	Female	43	Senior	109	00:59:35
21	SNYMAN, MARIENNE	Female	50	Senior	185	01:00:28
22	DONALDSON, LORNA	Female	60	Senior	49	01:03:17
24	SWINBANA, BELISE	Female	48	Senior	89	01:05:01
25	VAN DER MERWE, ANNEMARIE	Female	42	Senior	96	01:09:05
26	VAN DER MERWE, ILZE	Female	29	Senior	2	01:09:06
29	MABUZA, NTONDI	Female	49	Senior	98	01:25:04
30	KHOZA, WENDY	Female	24	Senior	92	01:25:05

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10km Trail Male Senior						
1	BAIRD, ANTHONY	Male	36	Senior	442	00:45:05
2	HARNDEN, SHAWN	Male	35	Senior	437	00:46:21
3	ROBSON, EVAN	Male	39	Senior	478	00:49:26
4	WERNER, MARK	Male	54	Senior	495	00:52:34
6	NKOSI, DUMSANI	Male	36	Senior	440	00:54:41
7	BRUGMAN, DE LA REY	Male	33	Senior	415	00:55:55
8	BROWN, CLIVE	Male	52	Senior	494	00:57:26
9	DUBE, BUTINI	Male	45	Senior	431	01:02:02
10	MULUNGO, THEMBA	Male	31	Senior	459	01:02:03
11	ROOLZ, TONY	Male	42	Senior	695	01:05:27
12	OLIVENCA, ANDRE	Male	37	Senior	481	01:05:56
15	DANE, GREG	Male	35	Senior	465	01:06:39
16	BEZUIDENHOUT, WIMPIE	Male	42	Senior	496	01:07:30
20	KHAN, JEHANGIR	Male	34	Senior	485	01:09:55
23	VENTER, MARK	Male	49	Senior	432	01:12:42
25	HAUPT, WIAN	Male	22	Senior	480	01:14:09
10km Trail Female Senior						
5	BRUGMAN, JAANRI	Female	30	Senior	412	00:54:30
13	KNOETR, RONELL	Female	50	Senior	455	01:06:01
14	ROBERTS, KIRSTEN	Female	24	Senior	435	01:06:19
17	JORDAAN, MARILYN	Female	44	Senior	449	01:07:34
18	PRETORIUS, DANELLE	Female	31	Senior	463	01:09:15
19	BEZUIDENHOUT, LIENTJIE	Female	41	Senior	447	01:09:39
21	HANNWEG, KARIN	Female	44	Senior	416	01:10:27
22	DE BEER, MARINDA	Female	47	Senior	464	01:11:02
24	VAN DER LOO, ALMARI	Female	23	Senior	410	01:14:09
26	BETHWAITE, JANINE	Female	53	Senior	452	01:15:32
27	SMIT, NANNETTE	Female	41	Senior	493	01:15:39
28	NOMDODA, THEMBI	Female	28	Senior	445	01:24:17
29	SIVERO, SHIRLEY	Female	42	Senior	450	01:24:20

***Grand Total Participant Count: 59