

Hospice Trail & Relay - Race Results

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<u>Pos</u>	<u>Name</u>	<u>Gender</u>	<u>Cat</u>	<u>Race#</u>	<u>Time</u>
5km Trail Male Open					
1	SHANGE, SIFISO	Male	Open	40	00:24:03
2	HEWSON, DANIEL	Male	Open	114	00:25:14
3	PAULS, LEE	Male	Open	74	00:37:24
4	FOORD, MIKE	Male	Open	47	00:37:27
8	STOLTZ, STOLLA	Male	Open	117	00:41:24
9	WOOD, NICK	Male	Open	55	00:41:59
12	WOOD, ADAM	Male	Open	58	00:42:08
17	VAN RHYN, FOURIE	Male	Open	129	00:46:17
21	KHOSZA, THEMBA	Male	Open	19	00:56:28
24	MONNIG, NICO	Male	Open	44	00:57:19
	WOOD, SAM	Male	Open	189	DNF
	JONKER, LIONEL	Male	Open	78	DNF
5km Trail Female Open					
5	MCHARDY, TANIA	Female	Open	160	00:38:43
6	JOBERT, LAUREN	Female	Open	17	00:41:20
7	VAN SCHALKWYK, JANRE	Female	Open	127	00:41:22
10	FLETCHER, SHEA	Female	Open	1	00:42:02
11	PORTER, SARAH	Female	Open	69	00:42:05
13	BREYTENBACH, CHARISSA	Female	Open	28	00:43:20
14	SCHEEPERS, CHANTELL	Female	Open	88	00:43:26
15	MUSA, LORRAINE	Female	Open	176	00:45:48
16	JANSE VAN RENSBURG, ANE	Female	Open	25	00:46:15
18	DELPORT, ZENITA	Female	Open	162	00:46:20
19	WIGGILL, FLO	Female	Open	90	00:46:33
20	NDLOVU, FELICIA	Female	Open	159	00:53:54
22	MONNIG, LIZ	Female	Open	112	00:57:08
23	SHABANGU, AGNES	Female	Open	198	00:57:17
25	MNISI, PRUDENCE	Female	Open	81	00:58:52
26	POTGIETER, LISHA	Female	Open	150	01:02:49
27	PFITZER, SILKE	Female	Open	52	01:16:22
	JONKER, CRISTEL	Female	Open	31	DNF
	VINCENT, JANA	Female	Open	76	DNF
	BADENHORST, DANELLE	Female	Open	147	DNF
	STEVENS, JACKIE	Female	Open	100	DNF
	WOOD, JAYDE	Female	Open	123	DNF
	ERASMUS, MARINA	Female	Open	6	DNF

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<u>Pos</u>	<u>Name</u>	<u>Gender</u>	<u>Cat</u>	<u>Race#</u>	<u>Time</u>
10km Trail Relay Male Open					
1	MTO: NORTH, TEAM	Male	Open	854	00:55:39
2	FIT TO GO, TEAM	Male	Open	921	01:05:46
5	TAX SHOP, TEAM	Male	Open	846	01:16:42
7	3 RUNNERS & KIM KAY, TEAM	Male	Open	930	01:39:41
8	3 MADALAS, TEAM	Male	Open	956	01:48:31
10km Trail Relay Female Open					
3	GIRLS UNITED, TEAM	Female	Open	869	01:14:00
4	ZANAS, TEAM	Female	Open	939	01:16:36
6	ANGELS FOR HOSPICE, TEAM	Female	Open	944	01:22:31

***Grand Total Participant Count: 43