

## Lowmed Open Water #4 - Race Results

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<u>Pos</u>	<u>Name</u>	<u>Gender</u>	<u>Cat</u>	<u>Race#</u>	<u>Time</u>
5000m Male Open					
1	BEKKER, JACEY	Male	Open	50020	01:14:09
5000m Female Open					
2	SAUNDERS, THELISE	Female	Open	50019	01:15:53
3	SIBANDE, ERICA	Female	Open	50017	01:35:26

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<u>Pos</u>	<u>Name</u>	<u>Gender</u>	<u>Cat</u>	<u>Race#</u>	<u>Time</u>
3000m Male Junior					
10	BRAITHWAITE, GREGORY	Male	Junior	30034	00:49:59
16	POTGIETER, EDRICK	Male	Junior	30014	00:54:09
3000m Male Open					
1	ZOWITSKY, REECE	Male	Open	30025	00:42:05
6	SINGH, VIDHAAN	Male	Open	30061	00:44:44
8	VAN GREUNEN, RICO	Male	Open	30028	00:44:50
3000m Male Veteran					
5	STOLTZ, STOLLA	Male	Veteran	30022	00:44:41
12	TRYHOU, HENDRIK	Male	Veteran	30058	00:50:34
14	STEYTLER, COLIN	Male	Veteran	30032	00:51:48
15	FOWLER, BRENDAN	Male	Veteran	30066	00:51:52
18	ENGELBRECHT, GERRIT	Male	Veteran	30051	00:56:08
3000m Female Junior					
9	PRETORIUS, KAYLA	Female	Junior	30011	00:46:49
13	MULDER, MILCHE	Female	Junior	30036	00:50:59
3000m Female Open					
2	DE JAGER, ENYA	Female	Open	30012	00:43:16
3	DE WET, MEGAN	Female	Open	30024	00:43:31
4	REDELINGHUYS, SIAN	Female	Open	30016	00:43:36
11	OBERMEYER, DANJE	Female	Open	30047	00:50:05
17	SMITH, JO-MARIE	Female	Open	30035	00:54:14
3000m Female Veteran					
7	ESTERHUIZEN, MICHELLE	Female	Veteran	30026	00:44:48

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<u>Pos</u>	<u>Name</u>	<u>Gender</u>	<u>Cat</u>	<u>Race#</u>	<u>Time</u>
1500m Male Junior					
15	HATTING, THEUNS	Male	Junior	15050	00:25:34
16	RADEMEYER, JANCO	Male	Junior	15112	00:26:09
21	DE KOCK, TERBLANCHE	Male	Junior	15087	00:27:19
25	HOLZHAUSEN, DAYLYN	Male	Junior	15030	00:28:14
31	DIAS, CALVIN	Male	Junior	15069	00:28:45
46	STEENKAMP, JORDAN	Male	Junior	15097	00:31:35
58	FOWLER, BRYCE	Male	Junior	15077	00:36:29
1500m Male Open					
1	PISO, JETRO	Male	Open	15088	00:21:18
4	MENTZ, FRANS-JOSEF	Male	Open	15081	00:22:26
6	JONKER, SHANE	Male	Open	15021	00:23:01
8	MENTZ, JAN-ALBERT	Male	Open	15082	00:24:31
14	VENTER, JASPER	Male	Open	15104	00:25:26
18	VENTER, MAARTEN	Male	Open	15108	00:26:56
28	LAMPRECHT, HENRU	Male	Open	15048	00:28:23
36	STEYN, JOHAN	Male	Open	15018	00:29:49
37	LARSEN, ANDREW	Male	Open	15110	00:29:56
40	LEPPAN, CAMERON	Male	Open	15144	00:30:24
43	BRUGMAN, LEONARD	Male	Open	15101	00:31:06
45	HOLZHAUSEN, MIKYLE	Male	Open	15031	00:31:31
52	RAATH, MARCEL	Male	Open	15084	00:32:31
1500m Male Veteran					
5	MORTLOCK, ROGER	Male	Veteran	15154	00:22:34
7	DAVIS, ERNEST	Male	Veteran	15072	00:23:24
11	JOUBERT, RICHARD	Male	Veteran	15115	00:24:59
17	VAN RENSVURG, RUEDI	Male	Veteran	15153	00:26:12
39	LABUSCHAGNE, ADRIAAN	Male	Veteran	15118	00:30:02
42	THERON, FRANCOIS	Male	Veteran	15079	00:31:00
50	MENTZ, FRANZ	Male	Veteran	15083	00:32:14
56	BREYTENBACH, CHRISTO	Male	Veteran	15074	00:35:42
59	FOWLER, BRENDAN	Male	Veteran	15066	00:36:33
64	MEYER, CHRISTO	Male	Veteran	15067	00:39:13
	SNYMAN, GARTH	Male	Veteran	15156	DNF
1500m Female Junior					
10	REDELINGHUY, MEGAN	Female	Junior	15092	00:24:52
23	SINGH, YUVA	Female	Junior	15080	00:28:04
26	MCDONALD, THEOLA	Female	Junior	15106	00:28:17
30	VAN ZYL, TYLA	Female	Junior	15013	00:28:32
34	MCDONALD, GISELLE	Female	Junior	15107	00:28:57
47	FOWLER, CAYDEN	Female	Junior	15075	00:31:40
61	FOWLER, KYE-ANN	Female	Junior	15076	00:38:17
62	JAMES, RUBY	Female	Junior	15039	00:38:19
65	JAMES, LUCY	Female	Junior	15038	00:39:45
68	JACKMAN, MIA	Female	Junior	15126	00:45:39
69	BILLINGHAM, HAYLEY	Female	Junior	15078	00:45:48
1500m Female Open					
2	MINIFIE, JORDYN	Female	Open	15029	00:21:20
3	SCHEFERMANN, KAYLA	Female	Open	15114	00:22:24
9	JOUBERT, JEANNE	Female	Open	15117	00:24:44
13	DRUMMOND, LIZA-MARI	Female	Open	15111	00:25:05
19	SHORT, MEGAN	Female	Open	15109	00:27:09
20	MOUTON, CARLA	Female	Open	15119	00:27:13
24	KRIEL, CRISTELLE	Female	Open	15105	00:28:07
27	SWART, MARNI	Female	Open	15140	00:28:20

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<u>Pos</u>	<u>Name</u>	<u>Gender</u>	<u>Cat</u>	<u>Race#</u>	<u>Time</u>
1500m Female Open					
29	VD MERWE, IZANI	Female	Open	15049	00:28:25
33	BAM, MARISKA	Female	Open	15055	00:28:55
38	MENDES, SAMARA	Female	Open	15093	00:29:57
41	LABUSCHAGNE, KYLA	Female	Open	15063	00:30:27
48	ALEXANDER, ABIGAIL	Female	Open	15155	00:31:54
51	KOK, JUNET	Female	Open	15113	00:32:16
54	NOMFUNDO, NDLALA	Female	Open	15085	00:35:18
66	SWART, MEGAN	Female	Open	15090	00:39:47
1500m Female Veteran					
12	LABUSCHAGNE, PIERRETTE	Female	Veteran	15064	00:25:03
22	GREEN, DONNE	Female	Veteran	15094	00:27:26
32	LAAS, TARYN	Female	Veteran	15103	00:28:53
35	DE BEER, ELSA	Female	Veteran	15045	00:29:00
44	LEWIS, THERESA	Female	Veteran	15086	00:31:12
49	MAIN, LISA	Female	Veteran	15060	00:31:57
53	MEYER, MARIE	Female	Veteran	15062	00:32:43
55	ZWEERS, ALISON	Female	Veteran	15041	00:35:38
57	BIGGS, MELISA	Female	Veteran	15053	00:36:27
60	DAVIS, CARLA	Female	Veteran	15073	00:36:39
63	SCHNEPEL, ANMARI	Female	Veteran	15102	00:38:58
67	COETZEE, MARISA	Female	Veteran	15027	00:39:54
70	JACKMAN, MONICA	Female	Veteran	15127	00:45:53

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<u>Pos</u>	<u>Name</u>	<u>Gender</u>	<u>Cat</u>	<u>Race#</u>	<u>Time</u>
750m Male Junior					
3	STEYN, MARKUS	Male	Junior	7169	00:16:46
4	SEVENSTER, IVAN	Male	Junior	7147	00:16:47
8	SCHEFFER, JONATHAN	Male	Junior	7150	00:19:09
14	DE BEER, WIAN	Male	Junior	7046	00:21:53
16	POTGIETER, DANIEL	Male	Junior	7148	00:22:25
	WRIGHT, CAMRYN	Male	Junior	7131	DNF
750m Male Open					
1	KAY, JOSHUA	Male	Open	7130	00:14:56
2	VENTER, GERARD	Male	Open	7120	00:15:44
5	AUSTIN, SHANE	Male	Open	7210	00:18:18
13	MOSTERT, WAYDE	Male	Open	7040	00:21:18
750m Male Veteran					
6	JOUBERT, CONRAD	Male	Veteran	7116	00:19:05
7	JOUBERT, RICHARD	Male	Veteran	7115	00:19:07
9	WILIMSE, FRANCIOS	Male	Veteran	7183	00:19:26
11	STEYN, JOHAN	Male	Veteran	7159	00:19:39
12	FOURIE, REINT	Male	Veteran	7185	00:20:02
21	DE WINAAR, D-BEN	Male	Veteran	7194	00:24:02
750m Female Open					
19	ZWEERS, KIRSTEN	Female	Open	7042	00:23:15
24	BEULES, KARA	Female	Open	7099	00:26:04
750m Female Veteran					
10	BADENHORST, DANELLE	Female	Veteran	7186	00:19:30
15	STEYN, KAREN	Female	Veteran	7168	00:22:17
17	DE VASCONLELOS, ROXY	Female	Veteran	7157	00:22:33
18	MOLLER, CORDELIA	Female	Veteran	7052	00:22:38
20	JANSE VAN RENSBURG, LINDA	Female	Veteran	7135	00:23:48
22	OLIVER, TRISH	Female	Veteran	7161	00:24:53
23	TOMBS, STEPHANIE	Female	Veteran	7166	00:25:54
25	KNIGHT, MERCIA	Female	Veteran	7129	00:28:00

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<u>Pos</u>	<u>Name</u>	<u>Gender</u>	<u>Cat</u>	<u>Race#</u>	<u>Time</u>
400m Male Junior					
5	POTGIETER, EDRICK	Male	Junior	4014	00:07:21
9	WEBB, ZACK	Male	Junior	4170	00:07:37
10	DIAS, CALVIN	Male	Junior	4069	00:07:42
11	BOTHA, LOMAR	Male	Junior	4172	00:07:51
12	TRYHOU, SAMUEL	Male	Junior	4057	00:07:59
13	VENTER, PIETER	Male	Junior	4001	00:08:08
16	SWANEPOOL, MICHAEL	Male	Junior	4201	00:08:38
17	DIAS, JUSTIN	Male	Junior	4068	00:08:44
19	LUBBE, LUAN	Male	Junior	4182	00:08:59
24	LOMBARD, PHILIP	Male	Junior	4005	00:09:39
26	MEYER, MARC	Male	Junior	4065	00:10:05
36	LUBBE, DRAN	Male	Junior	4181	00:11:19
45	DREMIE, JACOB	Male	Junior	4199	00:11:59
47	V D LEEK, LE ROUX	Male	Junior	4205	00:12:19
50	STEYN, SIMON	Male	Junior	4167	00:12:49
400m Male Open					
1	MULDER, DYLIN	Male	Open	4037	00:06:24
2	JONKER, SHANE	Male	Open	4021	00:06:44
4	LOPEZ RIBEIRO, JENARO	Male	Open	4162	00:06:50
7	JAMES, KYE	Male	Open	4124	00:07:31
8	JANSE VAN RENSBURG, DEON	Male	Open	4133	00:07:33
49	SMIT, CHRIS	Male	Open	4164	00:12:44
400m Male Veteran					
14	VAN DER LEEK, FA	Male	Veteran	4202	00:08:30
20	VERSTER, KOBIE	Male	Veteran	4009	00:09:08
29	VAN DER NEST, GERRIT	Male	Veteran	4146	00:10:37
31	JANSE VAN RENSBURG, RIKUS	Male	Veteran	4134	00:10:48
40	LUES, JOHAN	Male	Veteran	4010	00:11:29
41	KOEKEMOER, RUHAN	Male	Veteran	4197	00:11:30
44	WEITSZ, JACO	Male	Veteran	4174	00:11:52
46	DE BEER, WIMPIE	Male	Veteran	4043	00:12:09
53	DIAS, JOHN	Male	Veteran	4070	00:13:01
56	CLOETE, ANDRE	Male	Veteran	4089	00:13:40
59	HAYCOCK, JOPIE	Male	Veteran	4122	00:15:08
60	MCCARTHY, ROGER	Male	Veteran	4125	00:15:12
	MARSHALL, DARREN	Male	Veteran	4180	DNF
400m Female Junior					
6	FRIEDENTHAL, LUCY	Female	Junior	4033	00:07:26
18	VAN ZYL, TYLA	Female	Junior	4013	00:08:48
21	VON FALKENHAUSEN, HANNAN	Female	Junior	4152	00:09:11
27	HAYCOCK, TAMMY	Female	Junior	4121	00:10:26
28	SWEBU, LUCIA	Female	Junior	4098	00:10:33
30	PRETORIUS, NALIZERI	Female	Junior	4004	00:10:44
32	MARSHALL, TIFFANY	Female	Junior	4177	00:10:59
33	DRIMIE, LAYLA	Female	Junior	4200	00:11:06
34	WEITSZ, ESMARI	Female	Junior	4176	00:11:08
35	DU TOIT, ILZE-MARI	Female	Junior	4151	00:11:14
40	VERSTER, DANIELLE	Female	Junior	4010	00:11:29
42	KNIGHT, KIERA	Female	Junior	4128	00:11:32
52	VAN JAARVELD, MERYKE	Female	Junior	4136	00:12:58
	LOURENS, AMONIQUE	Female	Junior	4189	DNF
400m Female Open					
3	MINIFIE, JORDYN	Female	Open	4029	00:06:47
15	GABRIEL, KEZIAH	Female	Open	4123	00:08:36

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<u>Pos</u>	<u>Name</u>	<u>Gender</u>	<u>Cat</u>	<u>Race#</u>	<u>Time</u>
400m Female Open					
55	VAN HEERDEN, KARLIEN	Female	Open	4071	00:13:19
400m Female Veteran					
22	MEYER, LAUREN	Female	Veteran	4198	00:09:29
23	TRYHOU, TANYA	Female	Veteran	4056	00:09:36
25	JOUBERT, LAUREN	Female	Veteran	4158	00:09:44
37	MARSHALL, JUBELLIEN	Female	Veteran	4178	00:11:21
38	LOURENS, IVETTE	Female	Veteran	4190	00:11:23
43	ACKERMAN, CORNE	Female	Veteran	4165	00:11:43
48	VAN DER LEEK, DALENE	Female	Veteran	4203	00:12:29
51	BAM, MELANIE	Female	Veteran	4054	00:12:52
54	ODENDAAL, SONNE	Female	Veteran	4209	00:13:15
57	WEITSZ, KATHLEEN	Female	Veteran	4212	00:14:32
58	NITSCHKE, NADINE	Female	Veteran	4096	00:14:49
	WEITSZ, KATHLEEN	Female	Veteran	4173	DNF

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<u>Pos</u>	<u>Name</u>	<u>Gender</u>	<u>Cat</u>	<u>Race#</u>	<u>Time</u>
100m Male Junior					
1	VENTER, PIETER	Male	Junior	1	00:02:38
2	LOPEZ RIBEIRO, VICTOR	Male	Junior	163	00:02:44
3	HAVENGA, ADRIAAN	Male	Junior	2	00:02:46
4	LOMBARD, PHILIP	Male	Junior	5	00:03:16
6	HALLETT, ALEXANDER	Male	Junior	7	00:03:26
7	TAYLOR, JORDAN	Male	Junior	160	00:03:29
8	TRYHOU, CHRISTIAAN	Male	Junior	59	00:03:39
10	VERSTER, KOBIE	Male	Junior	9	00:03:52
11	VAN DER NEST, JOSHUA	Male	Junior	145	00:03:59
12	BADENHORST, JEFF	Male	Junior	191	00:04:04
13	LOMBARD, ANDRE	Male	Junior	6	00:04:05
16	DE BEER, ANDEON	Male	Junior	44	00:04:17
19	ODENDAAL, SAMUEL	Male	Junior	206	00:04:27
20	ODENDAAL, MATTHIAS	Male	Junior	208	00:04:33
22	POTGIETER, EDRICK	Male	Junior	14	00:04:48
26	ODENDAAL, LOUIS	Male	Junior	207	00:05:21
30	CLOETE, ANDRE	Male	Junior	89	00:05:40
33	NITZCHE, EWAN	Male	Junior	95	00:05:46
37	VAN JAARVELD, HANRO	Male	Junior	139	00:06:16
38	SWART, HENDRICKS	Male	Junior	141	00:06:18
39	STOLTZ, FRANCO	Male	Junior	23	00:06:35
40	WEITSZ, HENRY	Male	Junior	175	00:06:36
41	SWART, TIMON	Male	Junior	143	00:06:42
42	VAN DER NEST, GERRIT	Male	Junior	146	00:06:53
	VAN JAARVELD, RICKUS	Male	Junior	137	DNF
100m Female Junior					
5	VERSTER, TANYA	Female	Junior	8	00:03:20
9	VERSTER, DANIELLE	Female	Junior	10	00:03:49
14	KOEY, YISKAH	Female	Junior	184	00:04:12
15	POTGIETER, KARI	Female	Junior	149	00:04:14
17	CLOETE, CHANDRE	Female	Junior	91	00:04:19
18	WEBB, AMY	Female	Junior	171	00:04:23
21	MARSHALL, NICALHE	Female	Junior	179	00:04:35
23	POTGIETER, ZANDRI	Female	Junior	15	00:04:51
24	VAN DER NEST, HENERY	Female	Junior	211	00:05:00
25	JANSE VAN RENSBURG, LARA	Female	Junior	132	00:05:02
27	LOURENS, IME	Female	Junior	188	00:05:29
28	VAN DER LEEK, GITOR	Female	Junior	204	00:05:30
29	BADENHORST, JEANNE	Female	Junior	193	00:05:37
31	LOUWRENS, RUDI	Female	Junior	187	00:05:42
32	VENTER, LUCY	Female	Junior	3	00:05:43
34	BADENHORST, HANNA	Female	Junior	192	00:05:58
35	VAN JAARVELD, CRISMA	Female	Junior	138	00:06:08
36	SWART, MIGNON	Female	Junior	142	00:06:14
43	VICTOR, CATHARINA	Female	Junior	195	00:08:24
44	VICTOR, SUSAN	Female	Junior	196	00:09:23
	VAN ZYL, TYLA	Female	Junior	13	DNF
	SWART, MARNI	Female	Junior	140	DNF

\*\*\*Grand Total Participant Count: 228